



# THE COURIER

February 2010 Volume 3, Issue 2

## Calendar

*February 2*  
Feast of the  
Presentation  
of our Lord  
Jesus Christ

*February 17*  
Ash Wednesday

*February 24*  
Saint Matthias the  
Apostle

## Truly Holy, Truly Set Apart

Have you ever stopped to think about the word 'holy' before? It's not a word that we often hear outside of the church. But, when it comes to the church we seem to hear that word all of the time: Holy Spirit, Holy Communion, Holy Eucharist, Holy, Holy Holy. But have you ever taken a moment to ask yourself what this common church-word really means? At first

the word 'sacred' might come to mind or the word 'divine', but those are just synonyms. To really get at what we mean when we use this common church word we have to begin by understanding how 'uncommon' this word really is.

Our modern English word 'holy' probably comes from an Old English word meaning 'whole' or 'complete.' But our English word was used in 1382 by John Wycliffe to translate the Hebrew word 'kedushah' which literally means 'to set apart' or 'to mark as special.' When something is

'holy' it is different from the other things around it. When a thing becomes 'holy' it ceases to be common and becomes dramatically uncommon. A 'holy' something, whether it be a communion, spirit or eucharist is a fundamentally different kind of thing; it's a thing that leaves behind all of the other things of that same kind. A 'holy' thing deserves our special attention. A 'holy' thing is a thing that deserves a different kind of treatment altogether. So if you're going up the holy mountain, reading the holy scripture or worshiping the Holy Trinity, you are participating in things set apart from ordinary run-of-the-mill type things.

When St. Paul referred to fellow Christians in his many letters he didn't refer to them as Christians at all. (That name was given by the people of Antioch probably as an insult.) St. Paul's name for members of the body of Christ was 'holy-ones'. Our bibles often



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Corner**

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# THE JOURNEY INWARD

## Now What? (cont'd)

translate this Greek word into the familiar church word 'saint'. St. Paul considered those who came to know the living God through the person of the risen Christ to be holy ones; people set apart from the general human population by God and for God's purposes of bringing life and hope to the world.

As we arrive at another season of Lent it's important to understand that this season is a 'holy' one in the true sense of the word. Lent is a time to set aside the common things in life, not out of some medieval sense of guilt-ridden austerity, but in an attempt to peel away the common trappings that distract us from our true natures as holy ones of God. We are God's holy ones. If we take the opportunity this Holy Lent provides to set ourselves apart from common things, then perhaps we might begin to understand how we've been set apart by God for truly uncommon ones.

*-Fr. Mike*

## Sermons Online

Traveling? Snowed in? Just want to hear Sunday's sermon again?

Sermons can now be found on St. Paul's website to download the latest one today.

<http://www.stpaulslynnfield.org/sermonarchive.html>

## Ash Wednesday

Ash Wednesday services will take place at 7:00 a.m., 12:00 noon and 7:00 p.m. The 7:00 a.m. and 12:00 noon service will be said services while the 7:00 p.m. service will include our choir and singing.

You can find the full Lent & Easter schedule on the website:

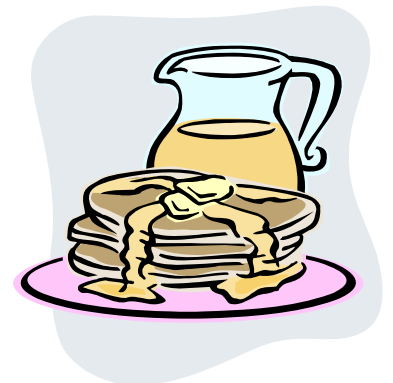
<http://www.stpaulslynnfield.org/lent-easter.html>

## Shrove Tuesday Pancake Supper

On Tuesday, February 16, Saint Paul's will celebrate Shrove Tuesday with a parish supper of pancakes and pork products.

Bring your kids, neighbors, friends and celebrate the last day of feasting before Lent begins.

If you would like to help with food or hospitality, please contact Jim Vath via email at [jvath@me.com](mailto:jvath@me.com).



# THE JOURNEY OUTWARD

## Habitat for Humanity

*"You make a living by what you get; you make a life by what you give." — Winston Churchill*



Habitat for Humanity is an international Christian ministry. They team local volunteers with intended beneficiaries to provide affordable home ownership.

On January 23<sup>rd</sup>, St. Paul's parish fielded a team of volunteers to work on their Camden Street, Lynn project. We were joined by members of Grace Episcopal Church in Everett. Our team worked on tiling and interior trim among other things. Thanks goes out to Joe Gehret, Carl Ogren, Bob Sorrentino, Rev. Barbara Smith-Moran, Lloyd Oskin, John Pearson and Patty Scarpetti for their efforts.

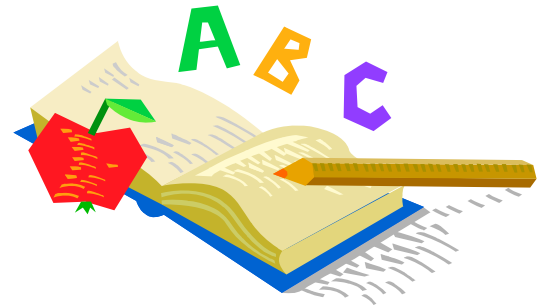
The Camden Street project is nearly complete. The dedication ceremony is planned for Sunday, February 14<sup>th</sup>. As a 'housewarming' gift, St. Paul's will be making a donation to Habitat for Humanity in the name of the new owners. Anyone interested in attending the dedication ceremony should contact Carl Ogren ([ogrenc@earthlink.net](mailto:ogrenc@earthlink.net)).

This outreach mission is far from ended. Habitat for Humanity has several other projects in progress and another St. Paul's work party is in the offing. Stay tuned!



## Bethlehem School

The Bethlehem School is now enrolling for the 2010-2011 school year. An Open House will be held on March 8 & 9 from 3:00-4:30 p.m. There will be tours of the classroom, information about the curriculum and entertainment by Wiggles & Giggles for the kids.



# THE JOURNEY OUTWARD

## Haiti Relief—Shelter Box

ShelterBox is the only international disaster relief organization that provides shelter and lifesaving equipment, after natural and man-made disasters. Responding to over 100 disasters in more than 60 countries, Shelter-Box has firmly established itself at the forefront of disaster relief.

Saint Paul's raised \$4,000 which will purchase 4 Shelter Boxes and provide much needed relief in Haiti.

Each Shelter Box includes:

- One 49 gallon box (The ShelterBox) initially the container for delivery of the materials listed below. Once delivered, the box takes an all kinds of uses and can be used as a water tank, food store, table, even a cot.
- One ten-person tent, including two fabric interior privacy partitions, outer fly-sheet and repair kit. These tents are considered 'winter suitable' by international relief standards.
- Vinyl insulated sleeping mats and light-weight thermal blankets. More compact than sleeping bags, these mats and blankets have multiple uses. The blanket can also be fashioned to catch water, as a tarp, while the mat also serves as a ground 'table' for meals, or tent rugs.

- One pack of 180 water purification tablets or a water purification kit; and one 5 gallon flat-pack water container (Each tablet will purify a full container of water providing 1,800 gallons of clean drinking water which should be sufficient for a family of ten for up to three months).
- Two 2.1 gallon, collapsible, plastic water carriers.
- One collapsible trenching shovel
- Rope, 164 foot
- Repellant-treated mosquito netting
- Ten PVC Ponchos/ ten heavy duty plastic bags
- Tool kit in canvas bag: hatchet, jack-knife, screwdriver, hammer, hoe head.
- Multi-fueled cook stove
- Eating utensils: plates and cups
- Children's activity kit-simple school supplies, stickers and coloring book.



# THE JOURNEY TOGETHER

## Inquirer's Class: Becoming an Episcopalian

*Sundays, February 21st, 28th, May 7th,  
14th, 21st and 28th*

Ever wondered what Episcopalians believe about Jesus, the Cross, the nature of God, the Virgin Mary or sin? Ever wanted to be Confirmed as an Episcopalian? Well, whether you want to experience the sacrament of Confirmation or just learn more about the Christian faith in the Episcopal tradition the Inquirer's Class is for you. This six week course, designed by parishioner Paul Bowen, will take you through history, theology and devotional practices aimed at deepening your understanding and faith in Jesus Christ. The class will include a light lunch and begin at 12:30pm. This class is open to those in high school or older.

## Stories of Healing and New Life Lenten Wednesdays in the Mystic Valley Deanery

This Lent, join Episcopalians from throughout the Mystic Valley Deanery this learning and fellowship as we explore Gospel stories of healing & new life. Each session will be held from 6:45-8:30 pm and will include a simple supper of homemade soup and bread. Bring a friend and attend as many sessions as you are able.

### **February 24**

*Healing and Wholeness: Paralysis and Freedom*

The Rev. Dr. Christian Brocato  
All Saints' Church, Stoneham

### **March 3**

*The Second Opinion: Jesus and the Patient at the Well*

The Rev. Dr. Barbara Smith-Moran  
Saint Paul's Church, Lynnfield

### **March 10**

*Getting Healed and Getting Up: The Restoration of  
Jairus's Daughter*

The Rev. Thomas Brown  
Parish of the Epiphany, Winchester

### **March 17**

*Gentiles, Dogs, and Children's Crumbs: Healing the Outcast*

The Rev. Matthew Cadwell  
Emmanuel Church, Wakefield

### **March 24**

*Healing the Slave's Severed Ear: Reflections on "Just War"  
or the Justified Use of Violence*

The Rev. Edgar Guitierrez-Duarte  
All Saints' Church, Stoneham

# THE JOURNEY TOGETHER

## St. Paul's Volunteer Calendar— February 2010

	February 7, 2010	February 14, 2010	February 21, 2010	February 28, 2010
Acolytes	Alex Ofori James Ofori Aaron Sacca	Brianna Goulet C Emily McKenelley Ben Vath	Alison Council C Sydney Johnian Grace Huebschmann	Patrick Scheeler C Sam Huebschmann Nathan Huebschmann
Lay Readers 8:30 a.m. 10:00 a.m.	LEM David Savage LEM Sue Mentzer Lector Jean Wentzell	LEM Carolyn Shea LEM Carl Ogren Lector Priscilla March	LEM LEM Barbara Savage Lector Karen McAlmon	LEM Jim Rosato LEM Peggy Hansen Lector Holly Bourdon
Ushers	Evan & Shirley Colton	Sheila & Kevin Scheeler	Cal & Amy Council	David & Gretchen Garlow
Altar Guild	Team One	Team Two	Team Three	Team Four
Flowers	In memory of Martha Bourdon by Sue, Tom & Holly Bourdon & Frederick Soule by Barbara & David Savage	In memory of Andrew Hansen by Peggy Hansen & Mark Casey by Jonna & Alex Casey	No Flowers—Lent	No Flowers—Lent
Coffee Hour	Erin Matthews Candy McGee	Hollie Maryann Goulet	Judi Ryan Barbara Bellucci	Kathleen Manoogian
Anniversaries	Joanne & George Ripley	David & Kathleen Manoogian		Russell & Mary Smith
Birthdays	Nathan Huebschmann Samuel Huebschmann Ed Purtz Rebecca Sacca Russell Smith	Aurelia Erickson Priscilla Cacciatore James Ofori Jonna Casey	Jennifer McKenelley Michael Allan Sarah May Hollie Scopa Russell Mentzer Christine Gehret	David Jamison Aiden Vinceguerra Nnenne Nwangwu
Recycling	Jim Vath	David Manoogian	The LaMarche Family	Carl & Martha Ogren

# THE JOURNEY TOGETHER

## Important Dates

Monday, February 1, 8, 15 & 22 – EFM – 7:00-9:30 p.m.

Sunday, February 7 – Annual Parish Meeting – after 10 a.m. service

Tuesday, February 9 – Vestry Meeting – 7:15 p.m.

Wednesday, February 3, 10, 17 & 24 – Holy Eucharist – 9:30 a.m.

Women's Bible Study Group immediately follows service

Tuesday, February 16 – Pancake Supper – 6:00-8:00 p.m.

Wednesday, February 17 – Ash Wednesday – 7 a.m., 12 noon & 7 p.m.

Tuesday, February 23 – Outreach Meeting – 7:00 p.m.

## Staff and Vestry

### Clergy and Staff

Rector	The Rev. Michael B. Dangelo	781-334-4594
	For after hour emergencies only	781-910-6922
Organist	Kathleen Surette	
Bethlehem School Director	Jennifer Baez	781-334-6436
Administrative Assistant	Lauren Ferrari	781-334-4594

### Vestry Officers

Senior Warden	Abbe Moore	781-334-2377
Junior Warden	Richard Shafner	781-334-6478
Treasurer	Kwame Ofori-Asante	781-334-7229
Clerk	Carl Ogren	781-334-6705

### Vestry Members

Sue Cafazzo		781-334-0198
Sheila Callaghan		781-246-3505
Jessica Faulkner		781-405-6810
Gretchen Garlow		781-342-5130
Chuck Gilliam		781-342-5101
Gail Purtz		781-334-6254
Barbara Savage		781-334-4430
Chris Simoneau		781-334-2194
Jim Vath		781-334-6098

St. Paul's Episcopal Church  
127 Summer Street  
Lynnfield Massachusetts 01940  
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Cell Phone: 781-910-6922  
(for after hour emergencies only)  
Website: [www.stpaulslynnfield.org](http://www.stpaulslynnfield.org)  
Email: [office@stpaulslynnfield.org](mailto:office@stpaulslynnfield.org)



## Save the Date!



**Shrove Tuesday Pancake Supper  
Tuesday, February 16**

**Ash Wednesday Services  
Wednesday, February 17  
7 a.m., 12 noon & 7 p.m.**