



# THE COURIER

June 2011 Volume 4, Issue 6

## Calendar

*June 1, 8, 15, 22 &  
29* - Eucharist &  
Bible Study

*June 2* -  
El Salvador Trip  
Meeting

*June 11* -  
Alex Ofori's Eagle  
Scout Project

*June 12*-  
Sunday School  
Party

*June 12*-  
Organ Concert  
Series #3

*June 14*-  
Vestry Meeting

*June 28*-  
Outreach Meeting

## On Icons

Last week I had the privilege of attending my third retreat with the deans of the Episcopal Diocese of Massachusetts. For the last three years as I have served St. Paul's as the

rector, I have also served as the dean of the Mystic Valley deanery. This group of thoughtful priests always impresses me with their prayerful counsel on matters of parishes and priesthood.

What began in my mind as "another trip I don't have time for" ended as one of the most meditative and restorative retreats that I have ever been able to take. At the heart of this retreat was something both familiar and foreign at the same time; an icon of the face of Jesus.

What is an icon you might be asking? An icon is a two dimensional representation of Jesus or other saint of the church. In the ancient church (especially in the Eastern traditions) icons are the principle form of sacred art. At first glance an icon may look

simplistic in both form and construction, but as you take a longer look at both the subject matter and the detailed work of the "writer" you begin to see the remarkable craftsmanship and deep prayer that creates an icon.

In the life of the early church great debate raged over church art. Could Christians violate the commandment that prohibited graven images? Finally, after much debate and even violence, St. John of Damascus, an early church father, wisely surmised that as God had taken the form of human flesh so Christian art could depict the image of God in Jesus Christ. As long as Christians understood that their worship was directed to the God who came to earth and not the image icons were allowed. Three dimensional statuary, however, would be prohibited in many Easter traditions.

The dean's retreat afforded me my first opportunity to "write" an icon. (You don't draw an icon



**The  
Rector's  
Corner**

INSIDE...

Getting to know the Parish  
Page 3

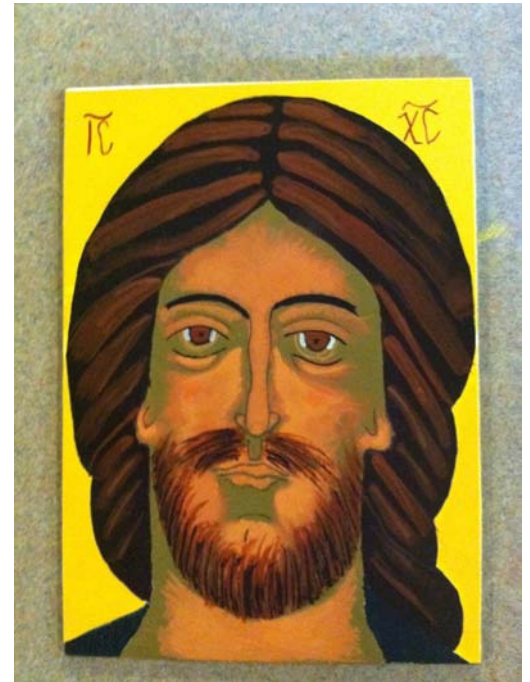
Volunteers Needed  
Page 4

# THE JOURNEY INWARD

## On Icons (cont.)

you write it.) For four hours under the tutelage of an accomplished iconographer, I wrote an icon of the face of Jesus. The process was technical and frustrating to begin with, however, it eventually became remarkably prayerful and downright spiritually overwhelming. The face of Jesus slowly emerged from the tablet. It was a surprising and joyful experience to have His face appear before me. Our teacher related a story where one woman was so overwhelmed by the face staring back at her that she locked herself in the bathroom for three hours! It was a profound experience.

As we all completed our icons, we were asked to place them on the window sill and leave them for an hour. The goal was to return to the icon and describe the Jesus we saw looking back at us. Strangely, I saw my icon of Jesus as having a wry and joyful smile. Was there a smile in the pattern? No, not at all. However, there was something in the way I had written the icon that gave Him a joyful note. And then it hit me. It was as if a prayer had been answered and I received this wonderful notion of God's love for me. Despite my crazy antics, self-doubt, ridiculously terrible calendar skills, and general sinfulness Jesus loves me. Jesus loves us. In the face of this simple icon, I was found by the face of the God who loves me



~ Fr. Mike

## Fall Isn't Far Away...Plan Accordingly

Pledging is different from merely putting cash or a check into the offering plate when we come to church. It is a decision made beforehand to commit to a goal – a goal of giving a portion of our resources and sticking to it. It is not giving some of what happens to be in our wallet or purse at the time, regardless of how generous such a gift might be. A pledge is a promise and a plan. It is a commitment with a purpose. It is disciplined giving. It shows that we can control our money, rather than letting it control us. When we pledge, we truly put our money where our mouths and our hearts are.

# THE JOURNEY OUTWARD

## Getting to Know the Parish: Miriam & Dick Shafner



Miriam and Dick Shafner met when they were counselors at Camp Sea Haven on Plum Island. Dick, from urban Lynn, enjoyed learning about Miriam's life on a dairy farm in Merrimac, MA. (One memorable lesson was about stripping a cow – i.e., cleaning the udder and starting the flow of milk.) While Miriam taught Dick about cows, Dick taught Miriam about flying. They married in 1965 and moved into a mobile home in Peabody.

Dick spent most weekends back then in “riot training” for the National Guard, as Miriam shopped for churches. In 1970, they moved to Lynnfield and settled at St. Paul's. Dick had been raised Roman Catholic (“Been there, done that,” he says.) and felt comfortable in the Episcopal Church. Miriam grew up Congregationalist, but had converted to the Episcopal Church while at UNH, drawn by the Durham parish's Morning Prayer liturgy and music.

Miriam is a registered occupational therapist and spent most of her career at Lakeside School for Emotionally

Disturbed and Learning Disabled Children in Peabody. Dick joined the Navy Reserve in 1979 and worked as an engineer manager at Millipore Corporation for 35 years in Bedford and Danvers.

Both are now retired and busy as ever. So far, they've raised three puppies for Guiding Eyes for the Blind, they spend as much time as possible on their sailboat and, while both are licensed pilots, Dick stays active in the Civil Air Patrol. He sometimes flies a “target” plane on intercept training missions for Air Force pilots (he tapes a sign on the plane window that says “GO NAVY”). Dick has twice served on St. Paul's vestry and as junior warden since 2007, leading St. Paul's in much-needed building improvements. Both are very involved in outreach. Miriam also sings in the choir, has taught Sunday school, is on altar guild, and coordinates recycling (not to mention being chief tool fetcher for the junior warden).

They have three children: Christine, 43, a college professor and medical illustrator; Scott, 39, a detective with the Tacoma Police Dept., and Deb, 35, a web designer. They have six grandkids and a voracious black Labrador retriever named Loki.

# THE JOURNEY INWARD

## Volunteers Needed: B-SAFE

The B-SAFE (Bishop's Summer Academic and Fun Enrichment) Program serves 450 children from Roxbury, Dorchester, Mattapan, Chelsea and Boston. Through shared activities, the program works to create relationships across neighborhoods to decrease violence in the city.

St. Paul's has committed to providing and serving lunch at Saint Luke's/San Lucas in Chelsea on Wednesday, July 20th and Thursday, July 21st. We will also be reading with the children. We need 6-8 volunteers each day. We will meet at St. Paul's at 10:30 a.m. and return around 2:00 p.m.

If you are interested, please contact Katie Ahearn at [kateah46@verizon.net](mailto:kateah46@verizon.net) or at [978-531-0468](tel:978-531-0468). There is also a sign up sheet in the New Room.

## Volunteers Needed: Eagle Scout



Alex Ofori will be working on the second part of his Eagle Project, the drip irrigation system and rainwater collection, from 11:00 to 1:30 on Saturday June 11th. There will be subs, chips and drinks for all volunteers. If you would like to help, RSVP through e-mail, [akosoccer21@aol.com](mailto:akosoccer21@aol.com) or phone, 781-334-7229.

## El Salvador Trip Meeting

On Thursday, June 2nd at 6:30 p.m. Noah Bullock from Cristosal, a non-profit organization dedicated to human development in El Salvador, will be at St. Paul's to discuss planning a group trip to El Salvador in the next year or two.

This meeting is open to anyone in the parish who is interested in exploring possibilities in El Salvador. So feel free to bring someone with you if you can join us for this.

Feel free to check out Cristosal's website before the meeting: <http://cristosal.org/>

If you have any questions, contact Paul Bowen at [pauljbowen@gmail.com](mailto:pauljbowen@gmail.com).



# THE JOURNEY INWARD

## New Organ Dedication—May 21

St. Paul's dedicated its new Rodgers organ on Saturday, May 21, 2011 at 4:00 p.m. during a service of Evensong. The Rt. Reverend Gayle Harris, Bishop Suffragan of the Episcopal Diocese of Massachusetts, officiated at the service with Fr. Mike assisting. The choir, led by Kathy Surette, provided music.

At the service, Bishop Gayle blessed and anointed the organ, reciting the text of hymn 420 (text by F. Pratt Green):

*When in our music God is glorified,  
And adoration leaves no room for pride,  
It is as though the whole creation cried Alleluia!*

*How often, making music,  
we have found a new dimension in the world of sound,  
As worship moved us to a more profound Alleluia!*

*So has the Church, in liturgy and song,  
in faith and love, through centuries of wrong,  
Borne witness to the truth in every tongue, Alleluia!*

*And did not Jesus sing a psalm that night when utmost evil strove against the Light?  
Then let us sing, for whom he won the fight, Alleluia!*

*Let every instrument be tuned for praise! Let all rejoice who have a voice to raise!  
And may God give us faith to sing always Alleluia!*

She also read out the names of the many loved ones in whose memory and honor parishioners donated funds to purchase the new organ.

“The Episcopal Church maintains a long history of diverse sacred music,” said Fr. Mike. “Our new organ will not only lead our worship through this music, but it will offer us the opportunity to share our musical heritage with the larger community of Lynnfield and beyond.”



# THE JOURNEY TOGETHER

## St. Paul's Volunteer Calendar—June 2011

	June 5 <sup>6</sup>	June 12	June 19	June 26
Acolytes	Joshua Mentzer Tyler Mentzer Sydney Johnian	Rebecca Sacca Ben Vath Nathan Vzth	Emily McKenelley Adannia Nwangwu Nnemme Nwangwu	Patrick Scheeler Kristen Scheeler Aaron Sacca
Lay Readers 8:30 a.m. 10:00 a.m.	LEM Carolyn Shea LEM Sue Mentzer Lector Doreen Hammond	LEM Carl Ogren LEM Jim Vath Lector Michael Bunar	LEM Barbara Savage LEM Peggy Hansen Lector Sue Bourdon	LEM Jim Rosato Lector Karen McAlmon
Ushers	David & Kathleen Manoogian	Russ & Sue Mentzer	Sue Bourdon & Suzi Huebschmann	Cal & Amy Council
Altar Guild	Team Two	Team Three	Team Four	Team One
Flowers		In memory of Daniel A. & Anna T. Shea by Carolyn Shea and Donna Thayer by Jane & Jack Friedman		In memory of Mark Delory, Sr. by the Scheeler Family
Coffee Hour	Nancy & Frank Anderson	Sheila Callaghan Amy Council	Winnie & Victor Nwangwu	Abbe Moore Gretchen Garlow
Anniversa- ries	Barbara Belliveau & Joseph Courtemanche  Cindy & Kenny Weeks  Michael & Faye Dangelo	Albert & Aurelia Erickson	Carol & John Mason	Carl & Martha Ogren  Debbie & James Kassiotis  Stephen & Amy Lamarche
Birthdays	Makayla Green Jean Wentzell Marissa Zona John Sacca	Brian Croxon Cal Council Justin Kassiotis Charles Garlow Aaron Sacca Chloe Cardoso Paul Wentzell	Rob McInnes Rachel Barrett Beverly Sorrentino Karen Johnian Erica Ciolfi Rev, Mike Dangelo	Alex Ofori Sybil Alexander Susan Mandeville Kristen Scheeler Albert White Carol Ann Rinaldi Euleta Johnson
Recycling	The Ogrens	Jim Vath	Priscilla March	Carolyn Krikorian

# THE JOURNEY TOGETHER

## Congratulations!

Congratulations to those confirmed and received on May 7, 2011 in Malden.

### Confirmations

Rebecca Sacca  
Michael Rosato  
Sydney May  
Brianna Goulet  
Patrick Scheeler  
Alison Council  
Victor Nwangwu

### Reception

Catherine Ahearn



## Staff and Vestry

### Clergy and Staff

Rector	The Rev. Michael B. Dangelo	781-334-4594
	For after hour emergencies only	781-910-6922
Organist	Kathleen Surette	
Bethlehem School Director	Jennifer Baez	781-334-6436
Administrative Assistant	Lauren Ferrari	781-334-4594

### Vestry Officers

Senior Warden	Abbe Moore	781-334-2377
Junior Warden	Richard Shafner	781-334-6478
Treasurer	Kwame Ofori-Asante	781-334-7229
Clerk	Carl Ogren	781-334-6705

### Vestry Members

Katie Ahearn	978-531-0468
Sue Cafazzo	781-334-0198
Brian Croxon	781-334-6518
Jessica Faulkner	781-405-6810
Gretchen Garlow	781-342-5130
Jim Rosato	781-245-0161
Barbara Savage	781-334-4430
Chris Simoneau	781-334-2194
Jim Vath	781-334-6098

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127 Summer Street  
Lynnfield Massachusetts 01940  
Phone: 781-334-4594  
Cell Phone: 781-910-6922  
(for after hour emergencies only)  
Website: [www.stpaulslynnfield.org](http://www.stpaulslynnfield.org)  
Email: [office@stpaulslynnfield.org](mailto:office@stpaulslynnfield.org)



# Save the Date!

**Summer Schedule begins on Sunday, June 26**

**Holy Eucharist at 9:00 a.m.**

