



# THE COURIER

March 2010

Volume 3, Issue 3

## 40 Days and 40 Nights

The number forty has a long history in the Christian tradition and among out Jewish forebearers. The rains came down for forty days on the ark of Noah. The children of Israel wandered the wilderness for forty years. Jesus spent forty days in the wilderness while being tempted by Satan. These are just to name a few, and the season of Lent attempts to echo some of these biblical notions as its forty days move us steadily through the suffering of Good Friday and into the joy of Easter.

### The Rector's Corner

Right now you might be several weeks into a Lenten discipline of some sort: daily bible reading and prayer, the giving up of cookies or wine, or some other form of regular practice that you began with Lent and which you'll discontinue at the Resurrection. When we think about the biblical notions of forty days that we've inherited the question arises as to the content that underlies the

form. What is the shape of our prayer that accompanies our temporary Lenten practices? Does our giving up of cookies sit along side of a prayerful consideration of 'why' we gave up the cookies in the first place?

The biblical notion of forty usually has something to do with daily wandering and daily trust. Noah wandered the waves of the flood without sight of land; constantly tested amid remarkable uncertainty. The children of Israel wandered the wilderness without the comforts of Egypt learning to trust God for their daily bread and their distant destination. Jesus wandered the desert without food learning to trust God's love and special call on his life in the face of remarkable temptation. In all of these instances of forty, our heroes were asked to go without something they normally needed to find in its absence the thing they truly need; a deeper trust of God.

### Calendar

*March 19*  
St. Joseph

*March 25*  
The Annunciation  
of Our Lord  
to the Blessed  
Virgin Mary

*March 28*  
Palm Sunday

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# THE JOURNEY INWARD

## 40 Days and 40 Nights (cont'd)

As you pray in the remaining days of Lent you might need to ask yourself whether your discipline is doing the work of 'forty'. Is your discipline deepening your trust in God? Is your discipline a daily reminder of your need to trust God more deeply? If it's not, you might want to think about amending your discipline to include something that challenges you more than the absence of baked goods. Perhaps you might consider getting up an hour earlier in the morning to read scripture and be in prayer for your friends and family. If it is, may your reliance on God deepen and your love of God's Son grow to the point that your 'temporary' discipline becomes a permanent part of your Christian life.

*-Fr. Mike*

## Easter Flowers

It is customary at Easter to donate flowers in memory or honor of loved ones. This is a wonderful way to remember them as well as contribute towards our beautifully decorated church. A form will be available in your Sunday bulletin. Please fill it out and place it in the offering plate or drop it off at church office, along with a check in the amount of your choice by Monday, March 29th.



## Lenten Service Schedule

### **Palm Sunday, March 28**

The Liturgy of the Palms, the Reading of the Passion & the Holy Eucharist  
9:00 & 11:00 a.m.

Easter Egg Hide 10:30 a.m.

### **Maundy Thursday, April 1**

Holy Eucharist & Commemoration of the Last Supper; 7:00pm

### **Good Friday, April 2**

Stations of the Cross; 12:00 The Passion Gospel & Holy Eucharist; 7:00pm

### **Holy Saturday, April 3**

The Great Vigil of Easter & the Welcoming of Communicants, 7:00 p.m.

### **The Feast of the Resurrection:**

### **Easter Sunday, April 4**

Festival Holy Eucharist 9:00 and 11:00 a.m.

# THE JOURNEY INWARD

## Spring Sunday School Schedule

March 7, 2010 – May 23, 2010

Children need to be in Sunday school at 9.40 a.m. every Sunday.

### March 7

Welcoming Jesus – John 12:1-19

Children will be brought up to church at communion time and stay for the rest of the service.

### March 14

Jesus washes the disciples feet – John 13:1-20

### March 21

The arrest of Jesus – John 17:1-18:27

### March 28

All children to meet downstairs at 9.30 a.m. for an Easter Egg “HIDE” (details to follow). We will then meet our families upstairs for the Palm Sunday service.

### April 4

**Easter Sunday – No Sunday School**

### April 11

Jesus appears to the disciples – John 21

### April 18

God’s presence on earth – John 14:15-31

### April 25

Children will be brought up to church at 10.00 a.m. to join their families for the entire service. Please make sure there is room for them.

### May 2

Loving one another – John 13:31-35; 15:12-17

Children will be brought up to church at communion time and stay for the rest of the service.

### May 9

Living in the light – 1 John 2:3-17

### May 16

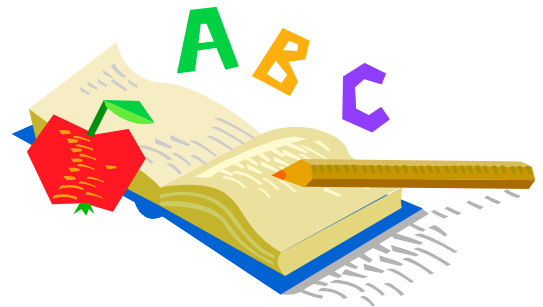
Abiding in God – 1 John 4:7-21

### May 23

New heaven and new earth – Revelation 1:1-2; 21:1-7; 22:8-9

## Bethlehem School

The Bethlehem School will be hosting an Open House on March 8 and 9 at 3 pm for prospective students and their families. The preschool enrolls children ages 2.9 and up. Open enrollment continues throughout March for the next school year beginning in September. For more information, contact Jen Baez, Director@thebethlehemschool.org or 781-334-6436.



## SPRING AHEAD

Don’t forget to turn the clocks ahead on Sunday, March 14th.



# THE JOURNEY OUTWARD

## Walk for Hunger

Project Bread's Walk for Hunger



It's another chance to wear your St. Paul's T-shirt! On May 2, Project Bread will host the 2010 Walk for Hunger, the oldest continual pledge walk in the country and the largest one-day fundraiser to alleviate statewide hunger.

The 20-mile walk begins and ends on the Boston Common. Project Bread awards grants to food programs and provides funds to emergency food providers such as the Soup Kitchen at Saint Luke's Episcopal Church.

The parishes that comprise our Soup Kitchen Partnership (Medford, Melrose, Winchester and Chelsea) would like to see if there is enough interest in putting together and sponsoring a Team of Walkers.

St Luke's has a large number of youth (30 people ages 19 and under!). Many parishioners from these churches have walked on their own from time to time over the years, but not as a group. Folks from St. Luke's are willing to complete the application for the team and do the logistics. At some date before the walk, there would be some time for our youth to share in fun and bonding.

If you are interested, please reply to Jen Vath at [jen.vath@comcast.net](mailto:jen.vath@comcast.net) no later than March 11th.

## Saint Luke's / San Lucas

Enthusiasm for serving at Saint Luke's / San Lucas Soup Kitchen in Chelsea continues to grow within our deanery parishes. Epiphany Winchester recently joined the partnership and Grace Medford has taken on additional Saturdays. What people are gaining from this experience, they feel, is far more than what's put into it. My hope is that as we move forward, more folks from St. Paul's will see how enriching this can be.

Here are some highlights:

-Soup Kitchen is thriving—serving, fairly consistently, 110-120 meals each Saturday

-Funding is tight. Additional sources of funding are being sought but are not guaranteed.

-St. Paul's will need someone who has gone through Safe-Serv training

-On July 3rd, all the parishes will prepare and serve an Independence Day meal together

-Each parish will be responsible for a thorough cleaning of the Kitchen twice per year. Coming up in July or August. Are you a cleaner rather than a cook? Here's your chance! We need 4-5 volunteers.

We are actively seeking ways to strengthen our partnership. St. Paul's will be doing a food drive and a clothing drive for St. Luke's later this spring. After this weekend, March 6, the next date to serve is April 3rd, Holy Saturday.

If you are interested, please reply to Jen Vath at [jen.vath@comcast.net](mailto:jen.vath@comcast.net).

# THE JOURNEY TOGETHER

## Stories of Healing and New Life

Lenten Wednesdays in the Mystic Valley Deanery

This Lent, join Episcopalians from throughout the Mystic Valley Deanery this learning and fellowship as we explore Gospel stories of healing & new life. Each session will be held from 6:45-8:30 pm and will include a simple supper of homemade soup and bread. Bring a friend and attend as many sessions as you are able.

### February 24

*Healing and Wholeness: Paralysis and Freedom*

The Rev. Dr. Christian Brocato

All Saints' Church, Stoneham

### March 3

*The Second Opinion: Jesus and the Patient at the Well*

The Rev. Dr. Barbara Smith-Moran

Saint Paul's Church, Lynnfield

### March 10

*Getting Healed and Getting Up: The Restoration of Jairus's Daughter*

The Rev. Thomas Brown

Parish of the Epiphany, Winchester

### March 17

*Gentiles, Dogs, and Children's Crumbs: Healing the Outcast*

The Rev. Matthew Cadwell

Emmanuel Church, Wakefield

### March 24

*Healing the Slave's Severed Ear: Reflections on "Just War" or the Justified Use of Violence*

The Rev. Edgar Guitiérrez-Duarte

All Saints' Church, Stoneham

## Inquirer's Class: Becoming an Episcopalian

*Sundays, February 21st, 28th,  
March 7th, 14th, 21st and 28th*

Ever wondered what Episcopalians believe about Jesus, the Cross, the nature of God, the Virgin Mary or sin? Ever wanted to be Confirmed as an Episcopalian? Well, whether you want to experience the sacrament of Confirmation or just learn more about the Christian faith in the Episcopal tradition the Inquirer's Class is for you.

This six week course, designed by parishioner Paul Bowen, will take you through history, theology and devotional practices aimed at deepening your understanding and faith in Jesus Christ. The class will include a light lunch and begin at 12:30pm. This class is open to those in high school or older.

# THE JOURNEY TOGETHER

## St. Paul's Volunteer Calendar— March 2010

	March 7, 2010	March 14, 2010	March 21, 2010	March 28, 2010
Acolytes	Alison Council C Joshua Mentzer Tyler Mentzer	Emily McKenley C Nathan Huebschmann Sam Huebschmann	Patrick Scheeler C Sarah May Sydney May	Alex Ofori C James Ofori Sydney Johnian
Lay Readers 8:30 a.m. 10:00 a.m.	LEM David Savage LEM Holly Bourdon Lector Jean Wentzel	LEM Jim Rosato LEM Jim Rosato Lector Doreen Hammond	LEM Carolyn Shea LEM Sue Mentzer Lector Samantha Ogren	LEM Barbara Savage LEM Jim Vath Lector Karen McAlmon
Ushers	Russ & Sue Mentzer	Sue Bourdon Suzi Huebschmann	David & Kathleen Manoogian	
Altar Guild	Team One	Team Two	Team Three	Team Four
Flowers	No Flowers-Lent	No Flowers-Lent	No Flowers-Lent	No Flowers-Lent
Coffee Hour	Sheila Callaghan Amy Council	Sue Mandeville Lucie McInnes	Debbie Kassiotis Gretchen Garlow	Susan Bourdon Sandy Barrett
Anniversaries				Charlie & Phyllis Porter
Birthdays	Adam Mentzer Miriam Shafner Jessica Faulkner David Manoogian	Sydney Johnian Judy Ryan Joseph Courtemanche	Barbara Savage Katie Fitzpatrick John Old	Sheila Callaghan Tyler Mentzer Gideon Ofori-Asante George Richardson
Recycling	Priscilla March	Sue Mentzer	Caroline Krikorian	Sarah Old

# THE JOURNEY TOGETHER

## Important Dates

**Monday, March 1, 8, 15 & 22 – EFM – 7:00-9:30 p.m.**

**Wednesday, March 3, 10, 17 & 24 – Holy Eucharist – 9:30 a.m.**

**Women’s Bible Study Group immediately follows service**

**Wednesday, March 3, 10, 17 & 24 – Lenten Series (location varies)**

**Tuesday, March 23 – Outreach Meeting – 7:00 p.m.**

**Sunday, March 7, 14, 21 & 28 – Inquirer’s Class – 12:30 p.m.**

## Staff and Vestry

### Clergy and Staff

Rector	The Rev. Michael B. Dangelo	781-334-4594
	For after hour emergencies only	781-910-6922
Organist	Kathleen Surette	
Bethlehem School Director	Jennifer Baez	781-334-6436
Administrative Assistant	Lauren Ferrari	781-334-4594

### Vestry Officers

Senior Warden	Abbe Moore	781-334-2377
Junior Warden	Richard Shafner	781-334-6478
Treasurer	Kwame Ofori-Asante	781-334-7229
Clerk	Carl Ogren	781-334-6705

### Vestry Members

Sue Cafazzo		781-334-0198
Sheila Callaghan		781-246-3505
Jessica Faulkner		781-405-6810
Gretchen Garlow		781-342-5130
Chuck Gilliam		781-342-5101
Gail Purtz		781-334-6254
Barbara Savage		781-334-4430
Chris Simoneau		781-334-2194
Jim Vath		781-334-6098

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Cell Phone: 781-910-6922  
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Website: [www.stpaulslynnfield.org](http://www.stpaulslynnfield.org)  
Email: [office@stpaulslynnfield.org](mailto:office@stpaulslynnfield.org)



## Save the Date!



**Daylight Saving Begins**

**Sunday, March 14**

**Palm Sunday & Easter Egg Hunt**

**Sunday, March 28**

**Easter Sunday**

**Sunday, April 4**