



THE COURIER

May 2010

Volume 3, Issue 5

Calendar

May 13

Ascension Day

May 23

Pentecost
(Whit Sunday)

May 30

Trinity Sunday

May 31

Visitation of the
Blessed Virgin

A Garden

So I decided this year that I'm going to plant a vegetable garden in our little yard here in Lynnfield. To give my tomatoes, brussel sprouts and cilantro a head start, I planted my

The Rector's Corner

seeds in a window box arrangement even as the April temperatures tempted me toward planting outside. After twelve years I've learned an important weather truth; never trust a New England spring! What

I've learned from my little plants is something that I've always known about vegetables. They all come up and mature at different times in the season. Tomatoes come quickly while brussel sprouts wait until the early autumn. Asparagus sprouts early while pumpkins need the whole season to get ready for Halloween. Every plant yields it's fruit in its own time.

In many ways a parish is like a vegetable garden. Each of us is a unique plant in the garden of God.

Some of us came to deep faith early in life and have put down deep roots in the soil of God's love. Some of us are seedlings just getting a taste of that rich soil that will nourish our young and deepening faith. Some of us haven't felt watered in a long time and are tasting again the cool water refreshing us in God's infinite possibility. Every member of our parish is in a different place and brings a unique set of growing requirements. Some of us thrive in full sunlight, while others prefer a good bit of shade from the summer heat. There are however some common things that all of us need to grow in our faith. Just like all plants need sunlight, water and good soil, every Christian needs certain things in varying degrees to grow in their faith.

First, we need the soil of worship, study and prayer. Just like the many nutrients of garden soil, worship, study and prayer provide a balanced diet for the human soul. Worship provides us with a

INSIDE...

Coffee House
Page 3

Who is Your Neighbor?
Page 4

THE JOURNEY INWARD

A Garden (cont'd)

weekly respite from the toils of life and work. Worship is a resting place where sacrament and song bless us with their transcendent possibilities. Study allows our minds to ponder the wisdom and words of saints that have gone before us. In study we find solace and inspiration. Prayer provides the heart with a glimpse into the very heart of God. In prayer we offer God thanks and ask His blessing. Prayer also allows us time to listen to God's hope for us. Worship, study and prayer give us a place to sink roots deeply into the heart of God.

Second, we need the water that is fellowship and community. New England summers can be tough on gardens as the growing season moves into the heat of July and August. When the rain fails to fall, our hoses and sprinklers become the source of refreshment for drought weary gardens. In the same way the fellowship and friendship of other Christians brings refreshment to our weary souls. It takes the outside presence of others sometimes to sustain us when our faith falters or fails to refresh. The much needed perspective of friends or the words of encouragement from other parishioners might be just enough "water" to get us through until God's next blessed shower of hope and possibility.

Finally and most importantly, we need the sunlight that is the grace of God. When I think about the grace of God, I think about the unconditional love that God offers to us all. No matter who we are, where we've been, or what we've done the love of God shines out to us bright and full and warm. Unfortunately, many of us aren't ready to feel the full brightness of that unconditional light. Whether it's our guilt over a broken relationship or shame over our sin, we feel the need to shade ourselves from God's life giving grace. We aren't ready for the full brightness of it. But as our roots dig deeper and the refreshing presence of our fellow Christians introduces us more fully to grace, the more our lives open us to the full brightness of God's glory. Gradually we become more capable of drinking in deeply God's life giving light and life.

As we grow in this little plot in the great garden of God we've begun to yield some remarkable fruit. Slowly but surely that fruit is being shared with friends, family and strangers alike. People are being fed by our little plot, and each of us is continuing to grow as God intended. May we continue to grow, digging deeper roots, providing mutual refreshment and learning to trust God's warm and gracious light.

-Fr. Mike

THE JOURNEY INWARD

A Night of Storytelling Song - May 22nd



On Saturday, May 22nd, singer, songwriter and guitarist Bob Franke will be performing at St. Paul's from 8-10:30 p.m. This event is open to members of St. Paul's and the surrounding communities. The suggested donation for the concert is \$10 at the door. For more information, call the office or Joan Sherman (Bob's wife and manager) at 978-535-1358 or visit Bob's website at www.bobfranke.com.

We are looking for 8 volunteers to help setup chairs, welcome people and make baked goods for the event. Please call the office if you are interested in volunteering.

Congratulations!

Congratulations to the members of St Paul's who were Confirmed and Received into the Episcopal Church on Saturday, April 24 at St. Paul's Church in Malden.

Confirmed

Deborah Kassiotis
Alex Ofori
Ral Nwangwu
Adannia Nwangwu

Received

Thomas Ganley
James Rosato
Kwame Ofori-Asante



A Creative Nurturing Tradition
that fosters independent learning
for children 2.9-5 years old.
Extended day programs available until 3:00 p.m.

New Enrolling for 2010-2011
For more information, or to schedule a tour,
contact Jennifer Beez at 781.334.6436
or director@thebethlehemschool.org.



127 Summer Street | Lynnfield, MA 01940

THE JOURNEY OUTWARD

Who is your Neighbor?

In the Gospel of St. Luke, chapter 10 “[the lawyer] wishing to justify himself, he said to Jesus, ‘And who is my neighbor?’” What follows is the parable of the Good Samaritan.

So, what does this mean to you? Who is **YOUR** neighbor?

As Christians we sometimes think too globally. We concern ourselves with war in the Middle East, tsunamis in Indonesia, earthquakes in Haiti, etc. This is not a bad or unimportant thing. The issue is that this defines a problem that is frustrating...too big for us to tackle. And this can sometimes cause us to overlook ministries closer to home.

So, who is **YOUR** neighbor? The person in need closest to you!

This is what the ministry of the Protestant Chaplaincy Council is all about. Ministry close to home...just two towns away at the Melrose-Wakefield Hospital. The Council ministers to the needs of patients, their families and the staff by providing a Protestant chaplain at the hospital.

The Protestant Chaplaincy Council, one of St. Paul's lower profile outreach activities, is a lay organization formed in 1979 to provide a part-time Protestant chaplain at the Melrose-Wakefield Hospital when it changed its status from being a teaching hospital with a Clinical Pastoral Education program. The Council is funded by Protestant churches in the hospital's catchment area, including St. Paul's.

On Wednesday, April 28th, the Council held its annual meeting at Centre Congregational Church here in Lynnfield and elected a new board of officers: President - Carl Ogren from St. Paul's Episcopal Church, Lynnfield; Vice President - Zachary Dunn from Grace Episcopal Church, Everett; Treasurer - Marylen Leving, Melrose Highlands Congregational Church; and Secretary - Fred Hayes, First United Methodist Church, Melrose.

The Council is comprised of delegates appointed by the individual churches. There is currently an opportunity for someone to serve as one of St. Paul's two delegates. For more information, please contact Carl Ogren (OgrenC@Earthlink.Net).

THE JOURNEY OUTWARD

Habitat for Humanity - June 19th



Habitat for Humanity has three projects in progress on Park Street in Peabody. Many of us from St. Paul's have worked on the Salem and Lynn projects and

have found it to be a rewarding and fun experience.

We are now assembling a work crew for Saturday, June 19th. If you are interested in volunteering, please send an e-mail with your e-mail address and phone number to Carl Ogren at OgrenC@earthlink.net. You can also contact him by phone at 781.334.6705 (e-mail preferred!!). Include "Habitat for Humanity" or "St. Paul's" in the e-mail subject, so he won't think it's spam!

To volunteer, you must be at least 16 years old, but no special skills are required.

This is an excellent opportunity for fellowship and to extend St. Paul's outreach into the local community—in a hands-on way.

Spring Clothing Drive

During May, St. Paul's will be collecting spring and summer clothes to donate to the Saint Luke's/ San Lucas Thrift Shop. Check out the Courier Lite for more details.



Family Readiness Group Car Wash - May 15th



On May 15th, the Army National Guard unit that St. Paul's supported last year will be having a car wash in our parking lot to raise money for their "Family Readiness Group." Some of the families and soldiers that we met during our year of support will be there, so come and get your car washed and maybe re-new some acquaintances from the 972 MP Company "Family Readiness Group." Your support is greatly appreciated!

THE JOURNEY TOGETHER

St. Paul's Volunteer Calendar—May 2010

	May 2	May 9	May 16	May 23	May 30
Acolytes	Rebecca Sacca C Joshua Mentzer Tyler Mentser	Brianna Goulet C Emily McKenelley Sydney Johnian	Alex Ofori C James Ofori Grace Huebschmann	Alison Council C Jason Bornstein Ben Vath	Patrick Scheeler C Kristen Scheeler Derrick Scheeler
Lay Readers 8:30 a.m. 10:00 a.m.	LEM Carl Ogren LEM Carl Ogren Lector Sarah Old	LEM David Savage LEM Peggy Hansen Lector Lori Denisco	LEM Carolyn Shea LEM Sue Mentzer Lector Priscilla March	LEM Barbara Savage LEM Jim Vath Lector Kevin Scheeler	LEM Jim Rosato LEM Jim Rosato Lector Susan Bourdon
Ushers	Russ & Sue Mentzer	Sue & Holly Bourdon	David & Kathleen Manoogian	Kevin & Sheila Scheeler	David & Gretchen Garlow
Altar Guild	Team One	Team Two	Team Three	Team Four	Team One
Flowers	In memory of Ted Han- sen and Deborah Han- sen Moreton by Peggy Hansen & John Plaisted by Gail Purtz		In memory of Francis & Anita Ford by David & Kathleen Manoogian		In memory of Betty Purtz by Gail & Ed Purtz
Coffee Hour	Jen Vath Nancy Olsen	Special Mother's Day Coffee Hour— Father's Needed	Lauren Ferrari Jennifer McKenelley	Hollie Scopa Maryann Goulet	Judi Ryan Barbara Bellucci
Anniversaries		Jessica & Tom Faulkner	Gretchen & David Garlow		Michael Allan & Beth Roberto Scott & Nancy Olsen Barbara Belliveau & Joseph Courtemanche
Birthdays	Edith Medland Julie Wentzell Julia Simoneau Suzannah Dangelo	John Mason Maryann Goulet Alison Council Nancy Frederick	Rebecca Mandeville Lauren Ferrari Stephen Lamarche Scott Olsen	Shirley Colton Jesse Scopa Debbie Parziale Colin Simoneau Lucie McInnes Jacob Vath Emily Vath	Joshua Savage Jill Barrett Barbara Bellucci Holly Bourdon Susan Triffit Rebecca DeNisco Jean Wentzell Makayla Greene
Recycling	The LaMarche Family	The Ogrens	David Manoogian	Priscilla March	Caroline Krikorian

THE JOURNEY TOGETHER

Important Dates

- Saturday, May 1 – Vestry Retreat – 9:00a.m.-2:00 p.m.**
Monday, May 3, 10, 17, 24 & 31 – EFM – 7:00-9:30 p.m.
Tuesday, May 11 – Vestry Meeting – 7:15 p.m.
Wednesday, May 5, 12, 19 & 26 – Holy Eucharist – 9:00 a.m.
Bible Study Group immediately follows service
Saturday, May 22 – Bob Franke Coffee House – 8:00 p.m.
Tuesday, May 25 – Outreach Meeting – 7:00 p.m.

Staff and Vestry

Clergy and Staff

Rector	The Rev. Michael B. Dangelo	781-334-4594
	For after hour emergencies only	781-910-6922
Organist	Kathleen Surette	
Bethlehem School Director	Jennifer Baez	781-334-6436
Administrative Assistant	Lauren Ferrari	781-334-4594

Vestry Officers

Senior Warden	Abbe Moore	781-334-2377
Junior Warden	Richard Shafner	781-334-6478
Treasurer	Kwame Ofori-Asante	781-334-7229
Clerk	Carl Ogren	781-334-6705

Vestry Members

Sue Cafazzo		781-334-0198
Sheila Callaghan		781-246-3505
Jessica Faulkner		781-405-6810
Gretchen Garlow		781-342-5130
Chuck Gilliam		781-342-5101
Gail Purtz		781-334-6254
Barbara Savage		781-334-4430
Chris Simoneau		781-334-2194
Jim Vath		781-334-6098

St. Paul's Episcopal Church
127 Summer Street
Lynnfield Massachusetts 01940
Phone: 781-334-4594
Cell Phone: 781-910-6922
(for after hour emergencies only)
Website: www.stpaulslynnfield.org
Email: office@stpaulslynnfield.org



Save the Date!



Mother's Day
May 9th

Bob Franke Coffee House
May 22nd